



Central Peace Health and Wellness Coalition
August 13, 2019, 12:00pm
Central Peace Clinic Meeting Room

Present:

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| Rebecca Fitzsimmons- Central Peace Early Childhood Coalition | Julie Temple- Central Peace FCSS |
| Frances Russell- Health Promotion, AHS | Cheryl Stetsko-Mayne- AHS |
| Denise Skoworodko- Councillor Town of Spirit River | Roxann Dreger- Councillor Rycroft |
| Petrina Beale- Healthy Families | |
| Carla Day- Saddle Hills FCSS | |
| REGRETS: | Regrets: |
| Helen Lazoruk- Community Member Rycroft | Laurie Shofner- Public Health Nurse Spirit River |

1. Meeting called to order at 12:08pm
2. Moved by Julie to accept the August 13, 2019 Agenda with the addition of item 4. F) Budget update. CARRIED
3. Moved by Roxann to adopt the June 18 2019 minutes as presented. CARRIED
4. Priority Action Items
 - a. Community Connect Newsletter- Deadline for September's issue is August 20.
 - i. Thank you to proofreaders for your help. Some lines were missed in July when the issue was edited.
 - ii. DIRECTION: Cheryl will make a new email specifically for Community Connect submissions and Tracey S. will have access to this new email. (cphawc2.connect@outlook.com as of August 14, 2019)
 - b. Community Cancer Prevention profiles and Success Tools
 - i. Our community profile is available online at: <https://albertahealthycommunities.healthiertogether.ca/resources/comprehensive-cancer-prevention-profiles/> Our LGA (Spirit River) is our G5 area.
 - ii. Cheryl would like this to be presented at our next G5 meeting, in September 2019.
 - c. Walking Challenge
 - i. August 22 is Back Active by WCB, a walking challenge to get people at work moving. Groups can register online.
 - ii. Our libraries may be able to host an event/walk, Roxann will talk to Rycroft Library.
 - iii. Laurie unable to guide/host walk this year, last year she did the walk and had a great turnout.
 - d. Pool Gazebo Project
 - i. Denise is waiting for a few more letters of support

- ii. Grant application is due August 31
- e. Youth Afterschool Project
 - i. Updates by Julie and Cheryl
 - ii. Jamie Strauss has resigned due to other commitments, Nysha Cheechoo is taking over as Program Coordinator
 - iii. Schools will be contacted at the end of the month to work out a fall/winter schedule. Nysha will have program worked out into lesson plans by the end of August.
 - iv. Grant Financial report due September- Julie
 - v. Ideas: Cheryl brought up Nerf wars. Wanting to do a kick off in each community to generate interest. Get the local newspaper to come. Also, local libraries are looking for afterschool programs, we can work with them on this.
- f. Budget:
 - i. Cheryl presented Status Report to group
 - ii. Balance as of June 30 2019: \$27,850.39
- 5. Updates
 - a. CPECC- by Rebecca
 - i. 8 summer events with the Dinosaur museum. Confusion as to who did which activity:
 - 1. CPECC provided and ran the Dino-rama sensory boxes
 - 2. Dinosaur Museum ran the dino-dig where kids could dig through sand and find "dinosaur bones"
- 6. Round Table
 - a. For September meeting: talking about the "Inspiration Station" idea as a summer student task next year, bringing arts and crafts to each community in G5 each week for 4 months.
 - b. Shade Tent Loan Agreement
 - i. Group went over a draft agreement proposal and how to sign out the shade tents to groups and individuals
 - ii. Please Note: shade tents are NOT for PERSONAL USE, but for community groups to provide shade at functions and events
 - c. Healthy Communities Action Guide is now available online.
 - i. We need to take pictures of the crosswalks in Spirit River. Also, the paint used is already being worn away. Denise/Cheryl will look into getting pavement paint for future use of stencils as crosswalks
 - d. Shade structure in Rycroft
 - i. Due to changes in orders, and the high cost of shipping, we are needing to look at choosing a different shade structure for the playground park in East Rycroft. Possibly a gazebo.
- 7. Next Meeting Dates:
 - a. September 17, 12:00 noon, Clinic Room
 - b. October 8, and November 12
- 8. Meeting Adjourned at 1:30pm