



Central Peace Health and Wellness Coalition
January 14, 2021, 12:00pm
Virtual Meeting

Present:

Denise Skoworodko- Councillor Spirit River	Roxann Dreger- Councillor Rycroft
Petrina Beale- Rycroft	Cheryl Stetsko-Mayne- AHS
Lauren Slavik:Health Promotions, AHS	Nysha Cheechoo- FCSS assistant coordinator
REGRETS:	
Carla Day: Gordondale Laurie Shofner- Public Health Nurse Spirit River	Julie Temple-FCSS coordinator

1. Meeting called to order at 12:08pm
2. Did not have quorum at beginning of meeting; more members joined in
3. Addition to agenda: AGM, Kal Tire grant, Birch Hills response
4. Minutes from Dec 2, 2020 were circulated via email.
5. Priority Action Items
 - a. Community Connect Newsletter- Deadline is Feb. 24, send submissions asap
 - b. Walking poles: promote availability of poles in community connect; Roxann would like two sets; can some be used by physiotherapist to help with cardio rehab program.
 - c. Kal Tire grant is now available; was asked if we could help in getting this grant to repurpose the track at the high school; Denise to contact Julie about filling forms. Need support letter from SRRA and Peace Wapiti Division as well as two quotes from recycled tire companies.
 - d. Birch Hills sent a note regarding not sending a rep on CPHAWC at this time but to keep them updated on projects.
 - e. AGM will be on Feb 16, 2020 at 12:00 pm.
6. Updates
 - a) Food Bank: now on Main Street in Rycroft, has a new executive, run by volunteers, by appointment only-call 780-512-9628 or 780-765-3321; Facebook as Central Peace Foodbank
 - b) Winter Walk Day: will try to organize it as anyone who walks or does a winter activity please send Denise pictures to send to Shape Alberta; will contact schools
 - c) Lauren received a grant notice from Communities ChooseWell
 - d) Nysha: UFIT closed down due to COVID; preparing boxes to send to those participants; received a grant to fight homelessness; more information will be sent

- e) Petrina taking a Rural Mental Health program online, still advocating for funding to help our families in need, municipalities need to get this information and help us advocate lack of funding for this area, Roxann to draft a letter regarding this matter
 - f) Shade structure funds has been sent to Rycroft
7. Round Table -covered with updates
 8. Next Meeting: AGM Feb 16 at 12:00 via Zoom
 9. Meeting Adjourned at 12:40 pm