

Regional Gathering Invite

From Amanda Harriman-Gojtan <amanda.harriman-gojtan@calgaryunitedway.org>

Date Mon 2026-02-23 9:26 AM

Good morning,

It's that wonderful time of year again! I would like to personally **invite you to Healthy Aging Alberta's 2026 Regional Gathering Season**, happening this April and May, in a community near you.

These **free, in-person events** bring together people like you and the organizations who support older adults every day.

These gatherings are about learning from one another, sharing what's working and strengthening relationships with people in your region who help older adults stay connected and supported where they live.

Event Details

- **There are 11 events** taking place across the province. [Find an event near you.](#)
- **Need help getting there?** [Travel subsidies](#) are available when travelling from longer distances.
- **Lunch will be provided!**

This year, you can expect:

- Interactive, practical workshops focused on building older adults' natural supports.
- Tools and activities you can take home and use in your own community.
- Conversation-based learning as well as formal presentations.
- Time to talk through real scenarios with people who understand your local context.
- More networking and relationship building.

[REGISTER TODAY](#)

Have questions or need support? Please feel free to reach out and please share this invite as you feel is appropriate within your networks. I look forward to having you join us!

Kindly,

Amanda

Amanda Harriman-Gojtan (She/Her)

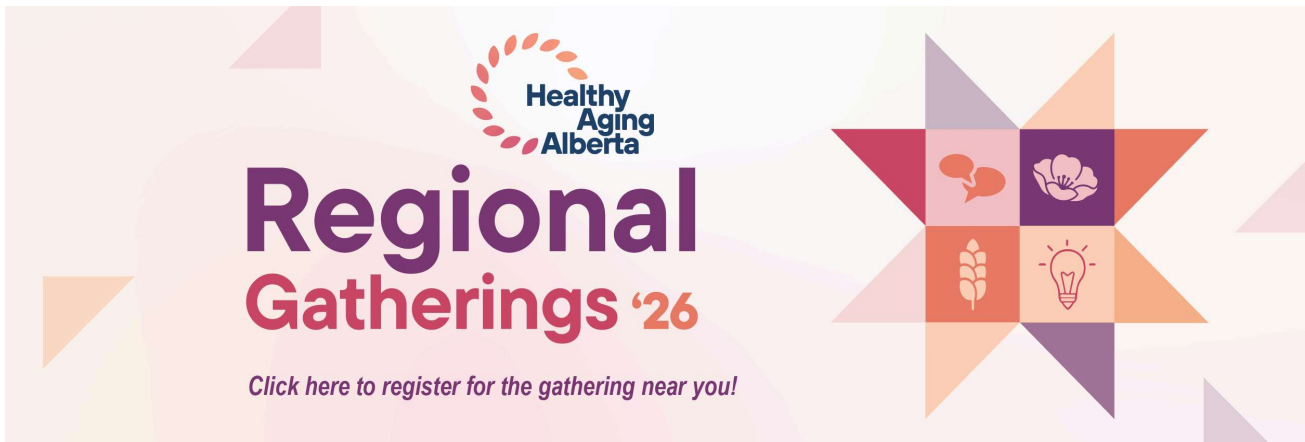
Edmonton-Northwest Regional Community Developer, **Healthy Aging Alberta**

Making Alberta one of the best places in the world to grow older

Email: Amanda.Harriman-Gojtan@calgaryunitedway.org | amanda.harriman-gojtan@healthyagingalberta.ca

Web: [Healthy Aging Alberta](#) | Phone: 403-441-2282

In the spirit of our journey to promote reconciliation, we honour the truth of our shared history and acknowledge the traditional territories of the people of the Treaty 4, 6, 7, 8, 10 Regions of Alberta and the Métis people of Alberta. We also recognize the Inuit people who have made their home here.



Click here to register for the gathering near you: [Regional Gatherings by Healthy Aging Alberta | Eventbrite](#)