

Rycroft AG Society present

EMPOWERING MINDS

Community Supper and Inspiring Evening with Ian Hill on
Mental Health and Collective Action

What to Expect:

- Inspiring stories of resilience and hope
- Practical tools to support mental well-being of yourself and others
- A chance to be part of a community-driven movement for change

Empowering Minds will challenge how you think about mental health and inspire you to take action. Let's create a world where no one has to suffer in silence. Together, we can make a lasting impact.



Ian Hill

Renowned humanitarian and passionate mental health advocate!

Young Adults First Identifiers Training (Ages 17-25)
June 16, 2026

First Identifiers Training Public Event
June 17, 2026

Supper @ 5:30pm MT
Event @ 6:00pm MT

Rycroft Agricultural Society
Hall @ 11055 PTH Rycroft, AB

Register Now



Rycroft, has been chosen! Empowering Minds — a national mental health initiative focused on strengthening rural communities, is coming to town this June 16 & 17.

The Central Peace Region has been selected through the Rycroft Agricultural Society as part of a growing movement across Canada to address rising rates of anxiety, depression, and suicide — by equipping everyday people to take action before crisis happens.

Leading the session is founder Ian Hill — award-winning humanitarian and one of North America's leading voices on community-driven mental health — who has worked with over 1,700 communities. This free, high-impact training will give you practical tools to recognize when someone is struggling, start the conversation, and connect them to help.

Tuesday, June 16th “No one has it all figured out!”

First Identifiers training for young adults (ages 17-25)

5:30pm supper & 6pm event starts at Rycroft Agricultural Society Hall

Wednesday, June 17th is the First Identifiers training for the public

5:30pm supper & 6pm event starts at Rycroft Agricultural Society Hall

Because in The Central Peace Region, we take care of our own

Visit rycroftag.com for details, register for the event in advance by scanning the QR code.

